

## Your Pain Ends Here!

Book an Appointment and Get relief!

Because we believe you deserve

**HAPPINESS, NOT THE PAIN**

Get Appointment



## About Us Know About Our Clinic

At Belmont physiotherapy and Health clinic, we strive hard to reduce your pain and help you to reach pre-injury level of function. Our physiotherapists and treatment team will perform comprehensive assessment process and provide evidence-based treatment approach to address multifactorial injury presentations.

We offer everything you need, to relieve your pain including:

- ✓ Convenient location in heart of brookwood area
- ✓ Ample free parking
- ✓ Ground floor clinic
- ✓ Easy accessibility
- ✓ Same day appointment
- ✓ State of the art equipment
- ✓ Direct billing to ICBC, WSBC, MSP & various other insurance companies

Read More

## Services Our Clinic Services



### Back Pain

Lumbar Strain, Herniated Disc, Arthritis, and Sciatica



### Shoulder Pain

Tendonitis, Frozen Shoulder, Post Rotator Cuff Surgery, Dislocation, Impingement



### Neck Pain

Degenerative Disc Disease, Neck Strain, Osteoarthritis, Cervical Spondylosis, Spinal Stenosis, Poor Posture, Neck Injury Such As In Whiplash



### Knee Pain

Ligament Strain, Muscle Sprain, Osteoarthritis, Post Ligament Reconstruction, Total Knee Replacement Rehabilitation



### Elbow Pain

Tennis Elbow, Golfer's Elbow, Fracture, Ulnar Nerve Entrapment



### Wrist and Hand pain

De Quervain Tendonitis, Carpal Tunnel Syndrome, Nerve Entrapment, And Fracture



### Hip Pain

Osteoarthritis, Total Hip Replacement Rehabilitation, Trochanteric Bursitis, And Piriformis Syndrome



### Heel And Foot Pain

Plantar Fasciitis, Achilles Tendonitis, Bursitis, Heel Spur, Tarsal Tunnel Syndrome, And Fracture

[View All](#)**4**

Our Specialists

**550+**

Our Happy Patients

**10+**

Years of Experience

**Schedule Your Appointment Today!**[Get Appointment](#)

## FAQ's Frequently Asked Questions

**+ Will my physical therapy be covered by insurance?****— Do I need prescription for physiotherapy services?**

You can be evaluated and treated by physiotherapist without referral as well. If needed, you would be notified by physiotherapist to consult your family Doctor.

**+ How many treatment sessions does it take?**

### Our Working Hours:

|           |   |                   |
|-----------|---|-------------------|
| MONDAY    | – | 4:00 PM – 7:00 PM |
| <hr/>     |   |                   |
| TUESDAY   | – | 8:00AM – 1:00 PM  |
| <hr/>     |   |                   |
| WEDNESDAY | – | 8:00 AM – 7:00 PM |
| <hr/>     |   |                   |
| THURSDAY  | – | 8:00 AM – 7:00 PM |
| <hr/>     |   |                   |
| FRIDAY    | – | 4:00 PM – 7:00 PM |
| <hr/>     |   |                   |
| SATURDAY  | – | 8:00 AM – 2:00 PM |
| <hr/>     |   |                   |
| SUNDAY    | – | CLOSED            |



### Affiliation With



This place wasn't exactly as I expected it to be. I pictured them to be like any other clinic. But it wasn't. I am a sports athlete and injuries hit me like

**Yuki Sugisaki**



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